



2020

# CREATING A DIGITAL COMMUNAL DINNER

**A TOOL DEVELOPED BY  
CREWS**

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# ABOUT THE PROJECT



CREWS is an Oslo-based community combining volunteers, workers, and young entrepreneurs to give young people hope for the future.

As part of their urban farming initiative, Hagecrew, CREWS ran the project "Summer in Vaterland 2020" for the municipality of Oslo. This is the second year CREWS has been selected to run this project. The project took place in Vaterlandsparken, a public park in a very challenged neighborhood in Oslo. Youth were employed throughout the summer to bring life to the park.

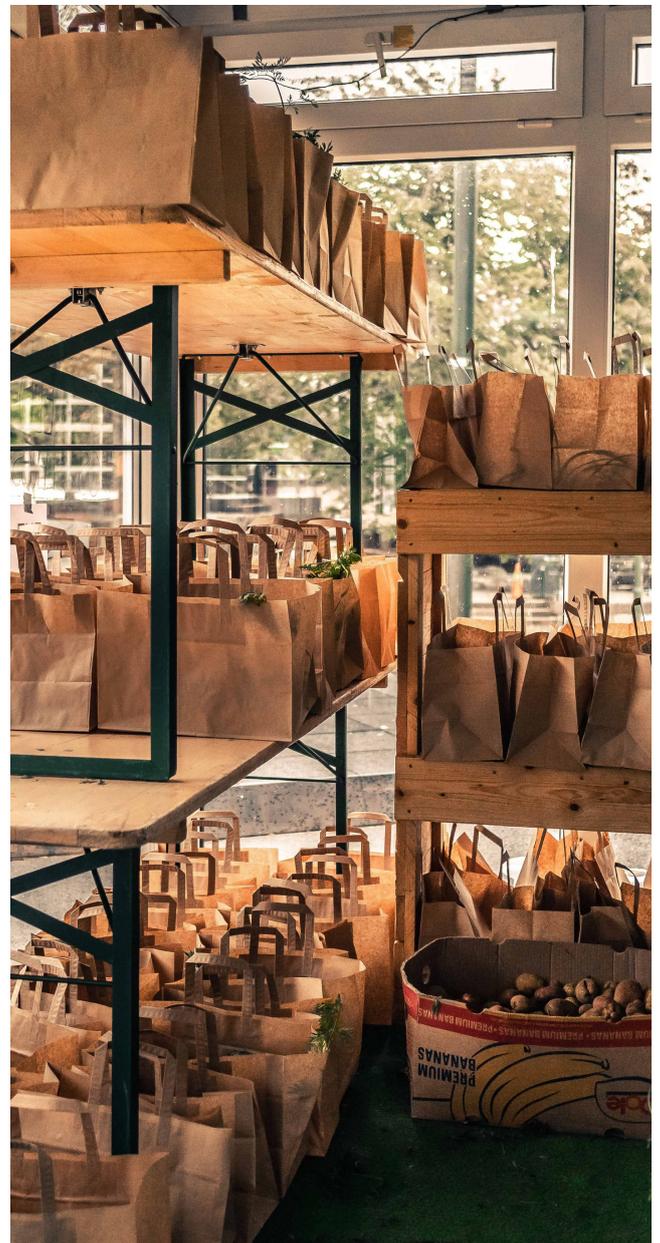
The main goal of the project is to employ and provide work experience to local youth, engage and include the neighborhood in the park without excluding or removing others that already use the park. Among the activities was planting, growing, and harvesting vegetables and edible flowers, running a donation-based cafe, and making the park a nice hang-out spot for the local community.

In 2019 CREWS invited all residents of Oslo to join their communal dinner with Oslo's longest dining table. They served dinner made from ingredients harvested in the park and other urban gardens in Oslo. In 2020, due to the Covid-19 pandemic, they developed a concept to create a free digital communal dinner inviting people to receive a bag of locally grown vegetables, make soup at home, and post pictures to social media using the hashtag #OslosLengsteLangbord.

# HOW TO CREATE A DIGITAL COMMUNAL DINNER WITH LOCALLY GROWN VEGETABLES?

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1. Connect with local urban gardens and farms to get seasonal ingredients.
2. Decide on a meal that you can realize with the ingredients you got. Soup is a delicious meal and a great way to use seasonal vegetables. Write down your recipe.
3. Check if you need other ingredients that you can get sponsored such as vegetable broth.
4. Create a registration scheme with different time slots and a maximum amount of people depending on your national Covid-19 regulations. Make sure your time slots are after working hours so more people can join your event.







5. Create a video invitation that is easy to share.

6. Share your event and registration scheme via different channels such as social media. Remember to use informal locale gatekeepers to spread the invitation through their networks offline.

7. Print your recipes and if you like add a note that people can share the picture of their food and/or themselves on social media. Maybe you would like to include a prize raffle among those uploading a picture? Pack the recipe and ingredients in paper bags.





8. On the day of your communal dinner, you could have some music while you give out your bags and check off the registered people from your list.

9. Enjoy that your local community is enjoying a free local meal and can share it with others via pictures.

10. Document and create a video that shows all the people involved in the experience with you.

Visit [www.crews.no](http://www.crews.no)  
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The tool was collected  
by Nabolagshager AS  
as part of the  
PlaceCity project.

Photo Credit:  
Christian Heredia  
(CREWS)

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